## 12 Steps of SAA

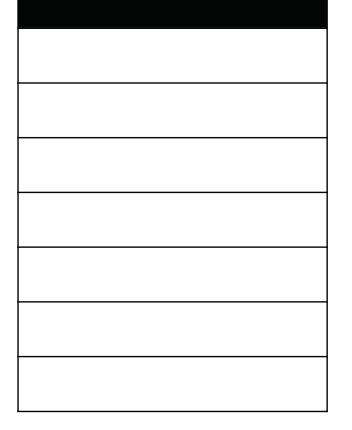
- 1. We admitted we were powerless over addictive sexual behavior - that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God as we understood God.
- 4. Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked God to remove our shortcomings.
- 8. Made a list of all persons we had harmed and became willing to make amends to them all.
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory and when we were wrong promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to other sex addicts and to practice these principles in our lives.

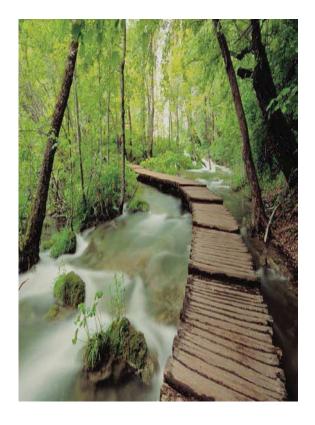
#### **Contact SAA** 520-775-2081 or 1-800-477-8191

SAA of Southern AZ PO Box 57555 Tucson, AZ 85732

www.saa-recovery.org www.saa-soaz.org m.saa-soaz.org (mobile)

## **Phone Numbers**





# Southern Arizona SAA

Schedule of Meetings

Updated 12/06/19

### SIERRA VISTA

TUESDAY

6:00pm – Sierra Vista Meeting Sierra Vista Church of Christ 815 El Camino Real

#### TUCSON

#### MONDAY

7:00am—Traveling Tools Metropolitan Water of Life Church 3269 N Mountain Ave, Cerf Building 11th Step Meeting

#### 6:30pm—Monday Night Unity (18+) (Greet)

Unity Church of Tucson 3617 N Camino Blanco In meeting rooms

7:00pm—Monday Night Miracles (Greet) Christ Presbyterian Church 6565 E Broadway, Rooms A & B

> **7:00pm—Trail Meeting** Pantano Christian Church 1755 S Houghton Rd, Room B5

#### TUESDAY

7:00am—I Opener Metropolitan Water of Life Church 3269 N. Mountain Ave, Cerf Building 11th Step Meeting

*Noon—Green Book Study* Metropolitan Water of Life Church 3269 N Mountain Ave, Cerf Building

#### TUESDAY, cont.

7:30pm—NW Spiritual Awakening Ascension Lutheran Church 1220 W Magee Rd, Grade School Classroom Park in very back and look for our greeter

#### WEDNESDAY

Noon—Wednesday Willingness (18+) Catalina United Methodist Church 2700 E Speedway Blvd, Room H232

5:30pm-6:45pm—Anorexia Meeting (18+) Through Dec 18 Banner UMC 1500 N Campbell Ave, Cafeteria Rm 2000E Starting Jan 8 Trinity Presbyterian Church 400 E. University Blvd, Rm TBA Social, Emotional and Sexual Avoidance

7:00pm-Primary Purpose (Open Meeting)

Our Savior's Lutheran Church 1200 N Campbell Ave, Activity Bldg, Rm 5 (Parking lot off of Mabel) **Topic, Tools, Steps, Literature** Open Meetings are open to anyone interested in finding out about SAA

#### THURSDAY

6:45am—Walk in Beauty Metropolitan Water of Life Church 3269 N Mountain Ave, Cerf Building 11<sup>th</sup> Step Meeting

6:30pm-8:00pm—Grace Group (18+) (Greet) Addicts 18 years and older welcome Bethel Community Baptist Church 446 South Plumer Ave

#### FRIDAY

7:00am—Serenity in the Desert (18+) Metropolitan Water of Life Church 3269 N Mountain Ave, Cerf Building

6:00pm-7:30pm—TGIF (18+) Through Dec 27 Banner UMC 1500 N Campbell Ave, Cafeteria Rm 2500C&D Starting Jan 8 Trinity Presbyterian Church 400 E. University Blvd, Rm 21 Stepwork and Stepwork Discussion

#### SATURDAY

> *4:30pm—Self Care Saturday* Text (520)349-1449 for location

#### SUNDAY

7:00am—12 & 12 Living in the Solution (Open Meeting: 1<sup>st</sup> week of each month) Metropolitan Water of Life Church 3269 N Mountain Ave, Cerf Building Relationships, romantic obsession and avoidance

#### 1:30pm—Accepting Ourselves

Trinity Presbyterian Church 400 E University Blvd, Rm 21 *GLBTQ Focus / Discussion* 

> Tele-Meetings www.saatalk.org